

# STOP LYME: AXIS 360 EBOOKS IN REVIEW

## TICK BORNE DISEASE EBOOKS IN THE COMMONWEALTH EBOOK COLLECTION

You may locate various ebooks in each of three Commonwealth Ebook Collection platforms through your local library website. Simply search on “Lyme disease” or ask a librarian for assistance.

The following ebooks were specifically added to the Axis 360 collection by the “Stop Lyme” grant:

***Beating Lyme***, by Constance A. Bean, MPH with preface by Leslie Ann Fein, MD, MPH, AMACOM, 2008. Constance Bean of Massachusetts is the former coordinator of health education at the Massachusetts Institute of Technology and is the author of six other books on health issues. This book provides an overview of Lyme and its diagnosis and treatment. Favorable reviews from *Publishers Weekly* and *Library Journal*.

***Coping with Lyme Disease, 3<sup>rd</sup> edition***, by Denise Lang with Kenneth Liegner, MD, Holt Paperbacks, 2004. Forward by actress Mary McConnell. Denise Lang is a reporter, television producer, and author of several nonfiction books. Dr. Kenneth Liegner is a Board Certified Internist with additional training in Pathology and Critical Care Medicine, has been actively involved in diagnosis and treatment of Lyme disease and related disorders since 1988, and has published in peer-reviewed medical journals on the subject. Like *Beating Lyme*, this book provides an overview of Lyme and its diagnosis and treatment. Favorable review from *Library Journal*.

***Cure Unknown***, by Pamela Weintraub, St. Martin’s Press, 2008. This book, a look at the development of the science concerning Lyme disease, was the first place winner of the American Medical Writer's Association book award for 2008, and was published in both hard cover and paperback. Former

Editor at OMNI magazine and Executive Editor of *Discover* magazine, Pamela Weintraub is currently Psychology and Medical Editor at Aeon, an online longform magazine. Starred review from *Booklist*.

***Healing Lyme Disease Coinfections*** and ***Natural Treatments for Lyme Coinfections***, by Stephen Harrod Buhner, Healing Arts Press, 2013 and 2015. Stephen Harrod Buhner is an Earth poet and the award-winning author of twenty books on nature, indigenous cultures, the environment, and herbal medicine, including *Healing Lyme*, now in its second edition. Although he does not shy away from the use of antibiotics to treat Lyme, his research into herbal medicine may be of help for those seeking herbal support or alternative treatment. Here, he speaks about non-Lyme coinfections.

***How Can I Get Better?*** by Richard Horowitz, MD, St. Martin's Griffin, 2017. Richard Horowitz is the medical director of the Hudson Valley Healing Arts Center in New York State. His first book, *Why Can't I Get Better?* made the New York Times' bestseller list. Favorable review from *Publishers Weekly*.

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**As with any disease, be sure to seek the advice of a knowledgeable healthcare provider who can advise you on individual care.**

The "Stop Lyme" project is an initiative of Nahant Public Library in partnership with Massachusetts Department of Public Health, the Town of Nahant, and health librarian Margot Malachowski. The initial six books added to Axis 360 were paid for with federal funding from the National Library of Medicine, National Institutes of Health, under Cooperative Agreement UG4LM012347-01 with the University of Massachusetts, Worcester. The information on this document is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment.



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## AXIS 360

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***How Can I Get Better?*** by Richard Horowitz, MD

***Natural Treatments for Lyme Coinfections***, by Stephen Harrod Buhner

## BIBLIOBOARD

***Hide and Seek: No Ticks, Please***, by Nancy Fox, MD

## EBL

***ABC of Dermatology***, by Rachael Morris-Jones

***Canine and Feline Anesthesia and Co-Existing Disease***, by Lindsey B.C. Snyder and Rebecca A. Johnson

***Clinical Dermatology***, by Richard B. Weller, MD et al

***Concise Review of Veterinary Microbiology***, by P.J. Quinn, PhD et al

***Critical Care Medicine at a Glance***, by Richard M. Leach, MD

***Drugs During Pregnancy and Lactation: Treatment Options and Risk Assessment***, by Christof Schaefer, et al

***Family Practice Guidelines, Third Edition***, by Jill C. Cash, MSN and Cheryl A. Glass, MSN

***Functional Symptoms in Pediatric Disease: A Clinical Guide***, by Ran D. Anbar, MD

***Handbook of Canine and Feline Emergency Protocols***, by Maureen McMichael, DVM

***Introduction to Public Health, Second Edition: Promises and Practice***, by Raymond L. Goldsteen, DrPH et al

***Masquerading Symptoms: Uncovering Physical Illnesses That Present as Psychological Problems***, by Barbara Schildkrout, MD

***Medicine at a Glance, Fourth Edition***, by Patrick Davey, MD

***Prognosis of Neurological Diseases***, by Angelo Sghirlanzoni et al

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# STOP LYME: OTHER RESOURCES

TICK BORNE DISEASE BOOKS, VIDEOS AND ONLINE RESOURCES

## BOOKS

***Beating Lyme***, by Constance A. Bean with Leslie Ann Fein, MD, MPH (2008)

***Biography of a Germ***, by Arno Karlen (2001)

***Bite Me: How Lyme Disease Stole My Childhood, Made Me Crazy, and Almost Killed Me***, by Ally Hilfiger (2016)

***Bull's Eye: Unraveling the Medical Mystery of Lyme Disease***, by Jonathan A. Edlow, MD (2004)

***Coping with Lyme Disease, 3<sup>rd</sup> edition***, by Denise Lang with Kenneth Liegner, MD (2004)

***Cure Unknown, 2<sup>nd</sup> edition revised*** by Pamela Weintraub (2013)

***Gone in a Heartbeat***, by Neil Spector, MD (2015)

***How Can I Get Better?*** by Richard Horowitz, MD (2017)

***Lyme Disease: The Ecology of a Complex System***, by Richard Ostfeld (2013)

***The Lyme Disease Solution***, by Kenneth Singleton, MD, MPH (2008)

***When Your Child Has Lyme Disease***, by Sandra K. Berenbaum, LCSW, BCD and Dorothy Kupcha Leland

***Why Can't I Get Better?*** by Richard Horowitz, MD (2013)

## VIDEOS

**"Under Our Skin,"** directed by Andy Abrahams Wilson (documentary, 2009) on DVD or online at <http://www.veoh.com/watch/v21055812yWtmpgB8>

**"Lyme and Reason,"** a Fox 5 special (2015), <https://www.youtube.com/watch?v=YL-fBeEd6LI>



## WEBSITES

**American Lyme Disease Foundation, <http://www.aldf.com/>**

**Centers for Disease Control and Prevention, <https://www.cdc.gov/ticks/>**

**International Lyme and Associated Diseases Society (ILADS),  
<http://www.ilads.org/>**

**Lyme Connection, <http://lymeconnection.org/>**

**Lyme Disease Association, <https://www.lymediseaseassociation.org/>**

**Lymedisease.org, <https://www.lymedisease.org/>**

**Massachusetts Department of Public Health,  
<http://www.mass.gov/eohhs/gov/departments/dph/programs/id/epidemiology/ticks/>**

**Tick Encounter, <http://www.tickencounter.org/>**

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